



**FITTING INSTRUCTIONS FOR FI0029 FRAME INSERT  
HONDA VFR 1200 2010 (LEFT HAND SIDE)**

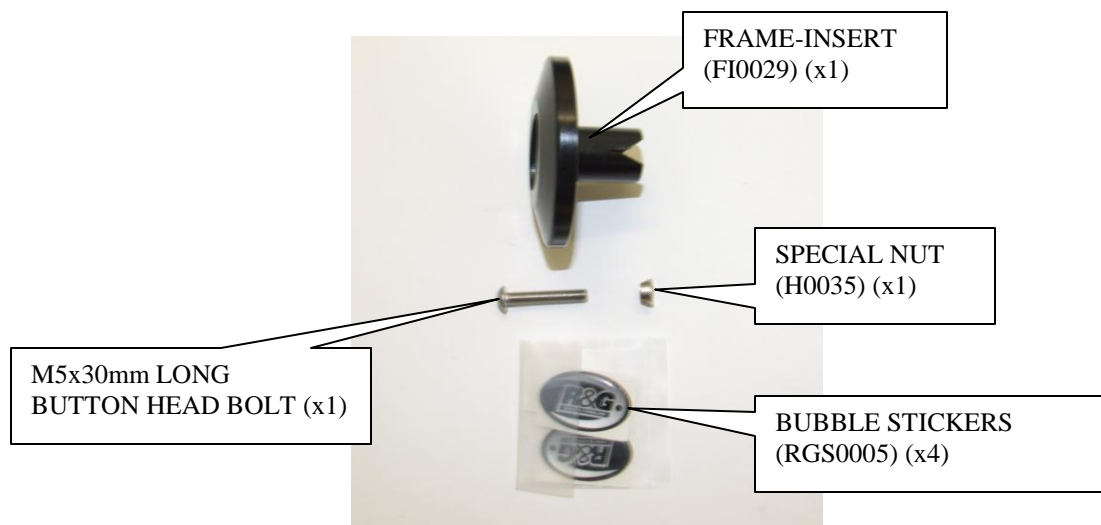


**THIS KIT CONTAINS THE ITEMS PICTURED AND LABELLED BELOW.  
DO NOT PROCEED UNTIL YOU ARE SURE ALL PARTS ARE PRESENT.**

**Please note that the way the kit is packed does not necessarily represent the way of mounting to the bike**

Please note that in cases where kits are packed with rubber washers holding the components onto the bolt – *the rubber washers should be thrown away!*

THE PARTS SHOWN MAY BE REPRESENTATIVE ONLY (FOR CLARITY OF INSTRUCTIONS ONLY)



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### **TOOLS REQUIRED**

- 3mm Allen key

### **FITTING INSTRUCTIONS**

#### **Left-hand side (as you sit on bike)**

- Fit button head bolt through frame insert so head sits in counter-bore.
- Place special nut on exposed end of bolt so tapered face goes into tapered slot.
- Tighten bolt until tapered portion of nut just contacts tapered face of plastic frame insert.
- Place the assembly into spindle in position shown above with recess horizontal as shown above.
- Tighten bolt so frame insert is held in position firmly (do not over tighten).
- Place bubble sticker as shown above.
- Regularly check to ensure frame insert remains tight.

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