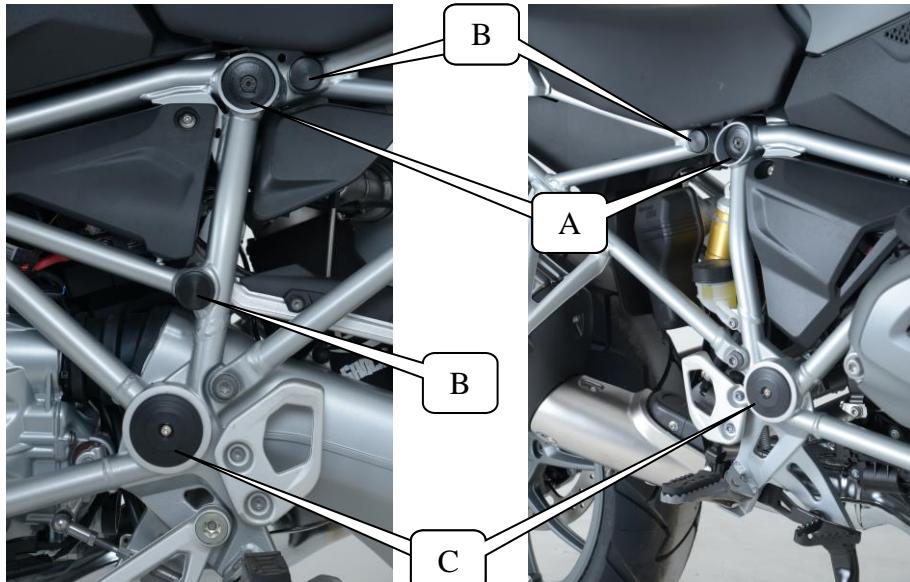




FITTING INSTRUCTIONS FOR FI0120BK FRAME INSERT BMW R1200RS 2015- FRAME INSERT KIT



**THIS KIT CONTAINS THE ITEMS PICTURED AND LABELLED BELOW.
DO NOT PROCEED UNTIL YOU ARE SURE ALL PARTS ARE PRESENT.**

Please note that the way the kit is packed does not necessarily represent the way of mounting to the bike

THE PARTS SHOWN MAY BE REPRESENTATIVE ONLY (FOR CLARITY OF INSTRUCTIONS ONLY)

Please note that in cases where kits are packed with rubber washers holding the components onto the bolt – *the rubber washers should be thrown away!*

TOOLS REQUIRED

- 3 & 4mm Metric Allen key.
- Soft Mallet.

FITTING INSTRUCTIONS

FI0069 – pictured as A

- Fit one of the M6 x 20mm long countersunk bolts into each of the thicker frame inserts (FI0069) so head sits in counter-bore. *These bolts have no function and are purely for aesthetics.*
- Offer these up to the bike in the recess for the shock mounting bolt as shown above, then gently push into place. The angled end makes fitting tricky and a gentle tap with a soft mallet will help to locate. Ensure the frame insert sits below the edge of the frame boss.
- *To remove the frame inserts, simply remove the countersunk bolt and replace with a long old M6 bolt. Insert the thread by at least 15mm and pull out using a set of pliers on the end of the bolt.*

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FI0071 – pictured as B

- Take one of the plastic push type frame inserts and gently push into the swing arm linkage mounting boss as shown above.
- If tight, a gentle tap with a soft mallet will help to locate the frame insert.
- Repeat this process to fit one of the frame inserts to the opposite side of the bike.
- Repeat this process to fit the remaining frame insert to the sub frame mounting frame boss as shown above on the left hand side of the bike.
- *To remove the frame inserts, use a thin screwdriver or steel rule to get under the edge to pull out.*

FI0119 – pictured as C

- Take one of the larger expanding frame inserts, and locate one of the M5 x 20mm long counter-sunk bolts through the frame insert and fit one of the tapered stainless nuts onto the end of the exposed thread.
- Tighten the bolt in the expanding frame insert until the tapered nut starts to grip the inside of the expander.
- Position the frame insert into the hexagonal recess on the swing arm pivot nut/bolt in position as shown above and hold in place whilst tightening the bolt, ensuring the oval shaped recess is horizontal. The back of the frame insert will expand and hold the frame insert securely in place.
- Fit one of the bubble stickers into the recess on the frame insert.
- Repeat this process to fit the frame insert to the opposite side of the bike.
- *Regularly check to ensure frame inserts remains tight.*

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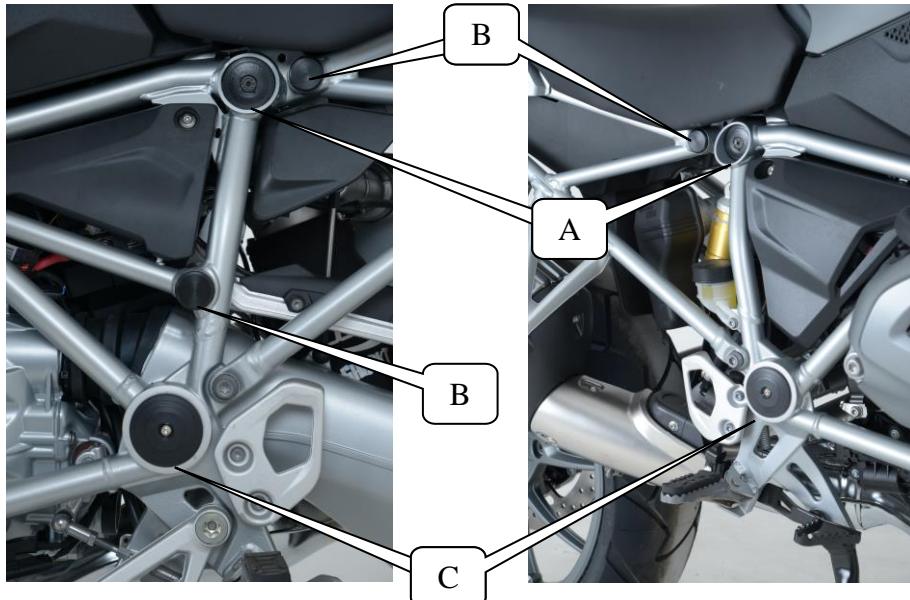
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INSTRUCTIONS DE MONTAGE POUR FI0120BK INSERT CADRE **BMW R1200RS 2015- KIT INSERT CADRE**



Le kit contient les articles exposés ci-dessous, vérifier que toutes les pièces soient présentes avant de procéder au montage.

LA FAÇON DONT LE KIT EST EMBALLE NE CORRESPOND PAS FORCLEMENT A LA FAÇON DE MONTER LES PIECES SUR LA MOTO.

LES PARTIES PRÉSENTÉES PEUVENT ÊTRE UNIQUEMENT REPRÉSENTATIVES (POUR LA CLARIFICATION DES INSTRUCTIONS UNIQUEMENT).

Notez que si les kits sont emballés avec des rondelles en caoutchouc servant à tenir les composants, *ces rondelles doivent être jetées!*

OUTILS REQUIS

- PETIT MAILLET
- Clés Allen 3 & 4mm.

INSTRUCTIONS :

FI0069 – Photo A

- Insérer un des boulons M6 x 20mm dans chacun des inserts cadre (FI0069) de façon à ce que la tête se place dans le contre alésage. Ces boulons ne servent que pour l'esthétique.
- Positionnez-les sur la moto dans le creux pour le boulon de fixation shock, comme indiqué ci dessus, puis poussez-le légèrement pour le mettre en place. L'extrémité angulaire rend l'installation compliquée, il faut donc taper légèrement avec un maillet pour faciliter la mise en place. Veiller à ce que l'insert de cadre se place sous le bord du trou de cadre.

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- Pour enlever les inserts de cadre, enlevez simplement le boulon de contre alésage puis remplacez le par un vieux boulon M6. Insérez le filetage à 15mm minimum puis tirez le à l'aide d'un jeu de pince en accrochant l'extrémité du boulon.

FI0071 – Photo B

- Prendre un des inserts de cadre pousoirs puis poussez le dans le trou de fixation du lien de bras oscillant, voir photo ci-dessus.
- Si serré, une petite tape à l'aide du maillet facilitera la mise en place de l'insert.
- Répéter ce process pour monter l'insert de l'autre côté de la moto.
- Répéter ce process pour monter l'insert de cadre restant sur le trou de fixation de sous-cadre, comme indiqué ci dessus du coté gauche de la moto.
- Pour enlever les inserts de cadre, utiliser un tournevis cruciforme fin ou une règle en acier pour glisser sous le bord et le soulever.

FI0119 – Photo C

- Prendre un des plus larges inserts de cadre, puis placer un des boulons M5 x 20mm dans cet insert, avant d'insérer un des écrous en acier sur l'extrémité du filetage.
- Serrer le boulon dans l'insert de cadre jusqu'à ce que l'écrou commence à incorporer l'intérieur de l'expandeur.
- Positionner l'insert de cadre dans le creux hexagonal sur le boulon/écrou de pivot du bras oscillant en position, comme indiqué ci dessus puis tenir en position tout en serrant le boulon, et en veillant à ce que le creux de forme ovale soit à l'horizontal. Le bas de l'insert de cadre va s'étendre et tiendra l'insert de cadre fermement en place.
- Insérer un des stickers en caoutchouc dans le creux de l'insert de cadre.
- Répéter ce process pour installer l'insert de cadre du coté opposé de la moto.
- Vérifier régulièrement le serrage des inserts de cadre soient fixés.

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